

# CU Home Learning Challenge:

## Recycled outfits!



It doesn't matter whether you LOVE fashion and clothes, or whether you'd rather stay in your pyjamas all day (we certainly do at the minute!), we can't wait to see your fashion creations from this challenge!

### You will need:

- Any material, (old clothes that can be recycled, curtains, sheets, etc., or even plastic bin bags!)
- Scissors, (ask adult for help if needed)
- Pencil (preferably not pen as it may stain the clothes)
- Ruler
- Thread
- Needle
- Sticky tape



### Step 1:

Ask an adult to help you collect any spare or old material which you want to use to create your outfit. This can be just one long piece of material or it can be multiple pieces of material. If you don't have any material, you could always use spare plastic bags.

### Step 2:

Think about what you want to make - a dress? A top? Trousers, shorts, or a skirt? A superhero outfit and cape? It really doesn't matter! Think about how you will cut up the material or plastic to make the shape you'll need. Do you have something like this already that you could use as a template and very carefully cut around? Use a pencil to mark out lines where you are going to cut the material, if you need to cut the material in order to make the item of clothing (e.g. cutting two symmetrical pieces of cloth to sew together and make a shirt, etc.). Will you need two pieces the same - for the back and front of a top for example?



### Step 3:

Use the thread and needle to stitch the pieces of material together, or sticky tape if you're using plastic.

### Step 4:

Once you have finished the basic design for your clothing it is time to decorate! Use paints, glitter, stickers, coloured markers and anything else you can think of to decorate your clothing!

### Step 5:

Time for a fashion show! Try on the clothes you have designed and have your very own stay-at-home cat walk!

1 Learning Stamp

Once you have completed the challenge, email your reflection diary along with evidence of your completed activity to [admin@essexchildrensuniversity.co.uk](mailto:admin@essexchildrensuniversity.co.uk) we'll award CU credits. We can't wait to see your work!

